



Our Lady of Lourdes

Catholic Parish, Waterloo

Mass Times

The Lord's Day: Saturday 7:00 p.m.

Divine Mercy Chaplet 20 minutes before Mass

Sunday: 9:00 a.m. & 11:00 a.m.

Weekdays: Wednesday, Friday
8:30 a.m.

Holy Rosary 20 minutes before Mass
Tuesday & Thursday 7:00 p.m.

Confession Times

Saturday, 11:00 a.m. to 12:00 p.m.,
20 minutes before weekday Masses.

Sacraments

For baptisms, First Holy Communion, Confirmation, marriages, please contact parish office.

Blessing of Expectant Parents

Last Sunday of each month after all Masses.

Anointing of the Sick / Hospital Visitation

If you or someone you know is in need of the Sacrament of the Sick, please call the parish office or see Father after Mass. Please advise the office of the hospital admissions to request anointing or pastoral visit.

St. Vincent de Paul

Church door collections - last Sunday of each month. For information on food distribution call 519-886-0342 ext 2.

Welcome New Members

Welcome! We're glad you want to join our parish! Please fill out a form from the church lobby or website, drop it in the collection basket or at the parish office. Please call if you would like Father to bless your home.

Offertory Envelopes / Pre-Authorized Debit

To receive an annual tax receipt for your donations you are encouraged to use offertory envelopes and/or to enroll in our monthly debit plan. Offertory envelopes can be requested by filling out a parish registration form, or if you are already registered, simply call the office to request a box. Debit plan enrollment forms are available in the church lobby.

PARISH TEAM

Pastor: Rev. Rafal Tomon
lourdeswaterloo@rogers.com

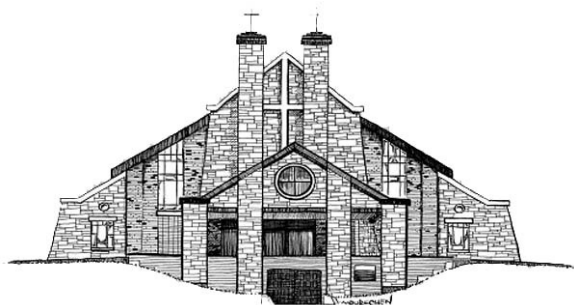
Administrative Assistant:
Mrs. Patrycja Wiecek
lourdeswaterloo@rogers.com

OFFICE HOURS

Monday to Thursday:
9:00 a.m. to 12:00 p.m.; 1:00 to 5:00 p.m.
Friday: 9:00 a.m. to 12:30 p.m.

Parish Bequests

Keep your love for your parish alive.
Remember Our Lady of Lourdes Parish in your will
and when recommending expressions of sympathy.



CONTACT US

173 Lourdes Street
Waterloo, ON N2L 1N5
519-886-0342

lourdeswaterloo@rogers.com
www.ourladyoflourdeswaterloo.com

 www.facebook.com/OLOLWaterloo/

 https://twitter.com/our_parish

4th SUNDAY IN ORDINARY TIME



Jan 31 to Feb 5

Tuesday	7:00 p.m.	+ Doreen Gagnon – Family
Wednesday	8:30 a.m.	+ Rita Banerjee – Vasanth & Chitra Fernando
Thursday	7:00 p.m.	+ Lillian Condon – Jerzy Kopiasz
Presentation of the Lord		
Friday	8:30 a.m.	+ Georgina Dias & Theresa Isaacksz – Miriam Jayasundera
St. Blaise		
Saturday	8:30 a.m. 7:00 p.m.	Votive Mass of the Blessed Virgin Mary + Jack Cassidy – Joan Cassidy
Sunday	9:00 a.m.	Living & deceased members of our parish
Sunday	11:00 a.m.	Special Intention

Monthly Budget Review as of Jan 22, 2023

Cumulative financial objective – 4 weeks @ \$7,500	\$30,000.00
Weekly contributions year to date	\$12,654.00
Pre-authorized giving (year to date)	\$11,931.99
Over (under) objective	<u>\$24,585.99</u> -\$5,045.69
New Year's Day – \$1,722.00 total	

Celebrate Our Lady of Lourdes!

The message of Our Lady to St. Bernadette is just as relevant today as it was in 1858.

Come and be reminded of the healing power of prayer and to honour the Blessed Virgin Mary on **Saturday, February 11** at Our Lady of Lourdes, Parish in Waterloo with



Celebrant His Excellency Bishop Wayne Lubinger

6:00 p.m. - Exposition of the Blessed Sacrament and Confession

7:00 p.m. - Holy Mass with Anointing of the Sick and veneration of St. Bernadette relics

First 24 families will be asked to join in a procession of



roses to Our Lady followed by a reception in the parish hall. Please contact our parish office if you are able to help with the reception.

ORNAMENTS FROM THE TREE OF LIFE: Those who had a child baptized or a loved one called to Eternal Life (and buried from Lourdes) in 2022 may pick up their angel or cross after any weekend Mass beginning January 28/29 in the parish hall.

please join us



Our Lady of Lourdes Café

Open Next
on Sunday, **Feb 5, 2023**
after 9:00 am & 11:00 am
Mass in the parish hall.

MENU: Coffee, tea \$1 and Cake & desserts \$2

BAKERS ARE NEEDED AND VOLUNTEERS

Sales from Jan 8, 2023, were \$203.05
All proceeds from OLOL Café will go to support parish committees.
Please be a part of something extraordinary.
Please call the parish office if you can help as we hope to have the Café open 2nd Sunday of the Month.

HEALING STRESS/TRAUMA We all experience stress from world, regional and possibly family or personal issues. This is normal. The body tells the truth about hidden stress. The body keeps the score as we discover, sometimes painfully, the impact of intergenerational and collective trauma within us. We invite you to join Barbara Paleczny, School Sister of Notre Dame PhD, on **Saturdays, February 4th and 11th, 9:30 – 11:30 am** to learn ways to relieve and heal some of your stress and to help others. We will not ask your personal stories. Come, ready to participate without judging. Sister Barbara will explain why this method of popular education is essential, at least to accompany talk therapy. To register, email St. Mary's Parish office at stmarys@rogers.com. This event will be held at the **Waterloo Catholic District School Board offices, 35 Weber Street, West, Kitchener..**

E-TRANSFER

Exciting news! We are now able to provide E-Transfer to our parishioners.



For E-Transfers, please use the following email account: lourdeswaterloo@rogers.com

Thank you for your generosity and continued support of Our Lady of Lourdes Parish and our community.

BEYOND THE PEW Speaker Series, St Clements Parish, located at 745 Duke Street, Cambridge 7:00 p.m. – 8:30 p.m. Come join us as insightful speakers with “boots on the ground” experience share stories on Homelessness, Addictions, Mental Health, Youth in our community. A wonderful opportunity, to really get to know what is going on, followed by discussion. Not to be missed

February 21, 2023

Wayne Paddick, Executive Director, Bridges
Bryan May, MP Cambridge

March 21, 2023

Lisa Legault, Society Saint Vincent De Paul
Eva Vlasov, Executive Director, Argus Residence
Region of Waterloo Police Officer

Free will offering - Register at the parish office
stclements@rogers.com or 519-653-6123

Gospel Reading
Matthew 5:1-12a

Jesus teaches what it means to be happy.

Background on the Gospel Reading

Today's reading is the beginning of Jesus' Sermon on the Mount, which is found in Matthew's Gospel. The form of the Beatitudes found here is not unique to Jesus. Beatitudes are found in the Old Testament, in the psalms, and in wisdom literature, for example. They are a way to teach about who will find favor with God.

We quickly note in this reading that the people whom Jesus calls "blessed" and "happy" are not people we think of as blessed or happy . . . the poor in spirit, the meek, the persecuted. This Gospel is one of reversals. Jesus' blueprint for happiness reflects little of what the world might call happiness.

"Blessed" is sometimes translated as *happy, fortunate, or favored*. In other words, Jesus is saying that divine favor is upon those who are poor, those who mourn, those who are persecuted. This news might have been welcome—and surprising—to the crowds who heard Jesus that day.

The Beatitudes can be understood as a framework for Christian living. Our vocation as Christians is not to be first in this world, but rather to be first in the eyes of God. By referring to the good things that the faithful will experience, Matthew reminds us that those who act in the manner described in the Beatitudes will find their reward with God.

2022 TAX RECEIPTS have been mailed. Please note St. Vincent de Paul will provide you with their own tax receipts as they are a separate charity. Please also consider using our Automatic Giving program in which your weekly donations are combined into one transaction, once per month on the 20th. This saves us a lot of time and paper while giving you the flexibility to make changes as needed. For more information, contact our parish office, or pick up a PAG form at the lobby of the church.

SUNDAY MISSAL Don't forget to purchase your new Sunday missal for 2023 at a cost of \$5.00 each available to purchase in the church lobby or at our parish office.

2023 ENVELOPES Please pick up your new envelopes, located at the back of the church. Please note any envelopes **not** picked-up and used for 2023 will have their envelope number reassigned

DETACHED HOUSE FOR RENT for single family at Avondale Ave S, walking distance to Church. 2+2 bedrooms. 2 full washrooms. Large backyard. Parking. Available from 4 February 2023 (or earlier if necessary). Please contact: ericavv@rocketmail.com; (519) 722-2870.

ACT II (SEPARATED & DIVORCED SUPPORT GROUP) - 3rd Tuesday of every month following 7:00 p.m. Mass at St. Michael Parish, Waterloo. Our Act II monthly informal support group will continue to meet on the 3rd Tuesday of every month. With the support of others you can begin to heal the emotional, social and spiritual devastation of divorce. Join us when you can. Visit our website (www.stmichaelw.ca/separated-and-divorced), or contact our Parish office for more information.



THE POPE'S JANUARY INTENTIONS FOR 2023

True Human Fraternity We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

ST. MARY'S GENERAL HOSPITAL BOARD OF TRUSTEE OPPORTUNITIES Are you interested in being involved in an organization committed to compassionate, high quality and equitable care? The St. Mary's hospital board is looking to fill two positions for the coming term. More information is available on the hospital website: <https://www.smgh.ca/about-us/board-of-trustees/join-our-board-of-trustees>

SPAGHETTI SUPPER at St. Teresa Church, Elmira Friday, February 10th from 5:00 – 7:30 p.m. Cost: Adult - \$15 / Children 6-12 - \$8. / Family of Four \$30. / 5 & Under – FREE Takeout is also available.

SANCTUARY MENTAL HEALTH COURSE Join us Tuesday, Feb. 7th from 1:30 – 3:00 P.M. for this free online zoom session. This e-mail is a follow up to information previously sent, but I wanted to remind you to register for this free opportunity to hear one of the writers, Dr. Harvey Payne, explain the course content and its use. This will be a great workshop for pastors and associates, deacons, lay ministers, lay members of the parish who might like to lead these sessions, chaplains, school staff, or anyone else looking to provide support and learning to others on this issue. Register today and learn how to better support those with mental health challenges through a Catholic lens. Feel free to pass the attached poster (if printing be sure to use the landscape printing mode) and/or this e-mail on to any that may be interested. Here is the link to register: <https://hamiltondiocese.com/offices/family-ministry/mental-health-support>

THE 2023 DIOCESAN WEDDING ANNIVERSARY MASS - Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2023? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, April 16, 2023, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Registration will be available in early January at www.hamiltondiocese.com.

DIOCESAN PRAYER CALENDAR

This week let us pray for...

- Jan 30 Rev. William Trusz
- Jan 31 Rev. David Reitzel
- Feb 1 Hospitaller Order of St. John of God
- Feb 2 Presentation of the Lord
- Feb 3 Rev. Ross Campbell
- Feb 4 Rev. Peter Robinson



Prayer for Vocations... God, the source of creation and love, you invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen



Thinking of buying or selling? I can HELP! I have a team of professionals who will make the process go as smooth as possible. I have been a member of Our Lady of Lourdes church for 25 yrs and would love the opportunity to help my fellow parishioners with their real estate needs.

Charlene Cardow 519-498-3274 **RE/MAX**

Henry Walser
FUNERAL HOME LTD.
AN INDEPENDENT FAMILY
- OWNED FUNERAL HOME
507 FREDERICK ST. (at expressway)
519-749-8467

Roofman Inc.
www.roofman.com
519-744-3830

Archibald Automotive

159 Erb St W
519-884-7700
www.archibaldautomotive.com

CAESAR CONSTRUCTION

Commercial and Residential
519-465-8375
dane@caesarconstruction.ca

BELLA VISTA

CATERING AND EVENTS
Weddings, Communions, Confirmations, Family Events
519-579-7141
www.bellavistacateringandevents.ca



REITZEL HEATING & AIR CONDITIONING
665 Superior Drive, Waterloo, Ont N2V 2C8 519-884-3510

- Commercial • Radiant Heaters
- Industrial • Gas Furnaces
- Residential • Air Conditioning



Geraldine Mahood Team
Broker

901 Victoria St N
Kitchener ON N2B 3C3
Phone: 519-579-4110

Instagram: geraldinemahood
geraldine@geraldinesellshomes.com

Since 1946
ERB & GOOD
FAMILY FUNERAL HOME

Proud to be
Family Owned &
Independently Operated
171 King St. S. Waterloo
519.745.8445
www.erbgood.com



528 Victoria St. N., beside Weston's Bakery
519-745-6136



GRAHAM A. GIDDY
FUNERAL HOMES LTD.
www.grahamgiddyfh.com
617 KING ST. N. WATERLOO
519-888-7700
our family serving
your family since 1982
Funeral Directors
Graham Giddy (parishioner)
Patrick Schlitt

THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!



**TO ADVERTISE IN THIS SPACE
PLEASE CALL 1-800-268-2637**

Dr. Huay-Leng Lee



Family & Cosmetic Dentistry

New Patients Welcome
3 Menno St, Waterloo
519-886-6470
reception@kwdentist.ca
www.kwdentist.ca



Waterloo Knights of Columbus
Columbus Conference Centre
145 Dearborn Place
Friday Night Fish Fry:
Take out call **Derek 226-748-8378**
Eat in call **Manager 519-884-2060**
Wednesday Spaghetti: Take out/Eat in call
Manager 519-884-2060, place orders by 2:30 pm
Hall Rentals: Stag & Does, Meetings, Parties,
Life Celebrations call **Manager 519-884-2060**



RUDY'S CUSTOM UPHOLSTERY
FREE ESTIMATES
WORKMANSHIP GUARANTEED
426 Albert St., Waterloo
CALL **STEVE BRUCE**
519-884-2610


CARMELA ADDANTE
Mortgage Agent Lic.# 11621
Purchases • Refinances
Credit Repair
519-886-1036
carmela.addante@excelmortgage.ca

